

Enhancing Presence

A New Approach to Mental Health Care

Join Us!

To register or for more information:

✉ Email: c.yu765@hotmail.com

✉ Text: 647 269 7986

Consider a voluntary donation of \$25 to a charity of your choice after attending.

Accredited by CFPC 200672 & MDPAC

Program Schedule and Structure:

Frequency: 50 standalone sessions throughout the year.

Duration: Each session lasts 1.5 hours.

Timing: Every Friday from 9:30 to 11:00 am.

Venue: Ajax Harwood Clinic, 88 Harwood Avenue South, Ajax, Ontario

Key Features:

Real-time Clinical Setting: Shared experiential learning with patients.

Ear Acupuncture: Achieve deeper levels of presence in each session.

Flexibility: Attend sessions at your convenience.

Learning Objectives:

Grasp the role of presence in mental health.

Dive into sensory awareness theory & application.

Engage hands-on with sensory awareness techniques.

Share and learn through peer discussions.

Integrate techniques seamlessly into clinical practice.

Credits:

Earn up to 75 Mainpro+ credits, based on your participation..